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MESSAGE



Dear Member,

Keeping the momentum high after the exhilarating Hero Indian Open 2025, we began the month with the much-awaited *DLF Club Championship 2025*. It was truly heartening to witness our vibrant golfing community come together once again in the true spirit of camaraderie and competition in the largest participation. The championship culminated in a memorable *Champion's Dinner*, which also celebrated the winners of the *DLF Annual Tennis Series 2025*. It was a night to remember, elevated by the soulful performance of our community's favourite Sufi singer, *Ashutosh* and his band *Samarpit*. My warm congratulations to all the winners across both the sports. I am pleased to announce that moving forward, The *Champion's Dinner* will be our latest addition for our future years to come. This will become the annual celebration of all the annual tournaments at the club, namely – golf, tennis, squash and pickleball.

The month also marked the return of high-profile tournaments like the *DP World Golf Tournament 2025* and the *Hero FinCorp Golf Tournament 2025*, held in association with the iconic *Delhi Capitals* cricket team from the *Indian Premier League*. It was a proud moment to see our members and their guests teeing off alongside cricketing legends such as *Kevin Pieterson, Donovan Ferreira, Tristen Stubbs* and *Mitchell Starc*. A big shoutout to the winners for their outstanding performances in these prestigious events.

On the wellness front, it was a privilege to host *Dr. Aruna Kalra*, Director and Senior Gynaecological Surgeon at *CK Birla Hospital*, for a packed session on *Redefining Menopause*. Curated and moderated by our beloved member, *Mrs. Anju Chhillar*, the session proved to be both insightful and empowering for our female members. Simultaneously, our spa team introduced the *Snayu Raksha Ayurvedic Therapy*, an ancient healing practice focused on muscle health. I truly hope many of you had the opportunity to experience this deeply

rejuvenating therapy at The Pavilion Spa.

In the culinary sphere, our team took a heartfelt turn as our young Restaurant Manager, *Prabina Lama*, stepped into the kitchen to share her heirloom *Nepali* recipes with our community. From handmade *momos* to *datshi sauce* and *chatpate wai wai*, her soulful menu resonated with everyone. It was a joy to see how word of her culinary flair spread across the community, transforming *Prabina Lama* into *Chef Lama*—a name that is etched in her legacy forever.

We also take immense pride in celebrating one of our own—Arun Kumar Yadav, who has charted an inspiring course in Indian golf. Arun has become the first *Certified Turf Equipment Manager (CTEM)* from India awarded by *Golf Course Superintendents Association of America (GCSSA)*. Arun's journey from workshop supervisor in 1999 to earning this prestigious global recognition in 2024 is truly remarkable. His dedication and passion over the past 25 years at DLF Golf and Country Club have elevated not just his own career but have also brought international spotlight to Indian Turf Management and your club. His achievement is a proud testament to the pristine course conditions at your home club.

Meanwhile, our signature monthly events like BMW Night Drives and Bar Stories with Pukhraj Bedi continued to engage our members. Adding to the gastronomic journey, we were delighted by Chef Gokhan's exquisite Turkish menu in his promotional Lokma Lokma Istanbul. We also continued our traditional Easter Cook-Along, where our young chefs joyfully decorated animated Easter egg characters along with our pastry team. This event was made even more special by the enthusiastic involvement of both children and parents.

I am also pleased to announce a significant development in how we recognize and reward our team. For the first time in your club's history, we have introduced a *Centralized System of Gratuity* to ensure fair and equal distribution of rewards across our hardworking employees. Members can now contribute via gratuity boxes placed at the *Proshop*, *Sports Complex* and *The Pavilion*, or choose to add gratuity to daily digital invoices or monthly statements. Should you wish to learn more, please feel free to reach out to me directly.

As we ease into summer, my team and I remain committed to crafting meaningful and memorable experiences for you. We have a packed calendar lined up—Mother's Day celebrations, Drive-In Movie Nights for families and a series of exciting food pop-ups are just the beginning. I look forward to seeing you all at the club, sharing in the spirit of community that defines who we are. In our endeavour to keep the momentum going, we will not let you go anywhere else this summer! Stay tuned to experience another exhilarating year with our traditional golf tournaments like Matchplay, Colts Vs stallions, Veteran's Cup, DLF Corporate Golf League alongside our Racquet Club Tournaments.

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Tusch Daroga

Hole-In-One



Hole-in-one achieved by Mr. Rajat Nandrajog on hole no. 12, Gary Player Course



Hole-in-one achieved by Mr. Anil Chaudhry on 07th April on Hole Number 3, Arnold Palmer Course



Hole-in-one achieved by Mr. Ashish Bhushan on Hole no. 5, Gary Player Course



Hole-in-one achieved by Mr. Ashok Sharma on hole no. 16, Gary Player Course



Hole-in-one achieved by Mr. Ajun Singh Thakran on hole no. 12, Gary Player Course

Members' Achievements



Our Beloved Member, Puja Batra participated in the 23rd Asia & Middle East bridge Championship hosted by the Bridge Federation of Asia and The Middle East in Dubai, winning the Gold Trophy for India. We congratulate her for this wonderful achievement.

DLF Annual Pickleball Series - Summer League

The DLF Golf and Country Club was abuzz with energy and fierce competition as it hosted the Pickleball Annual Series – Summer League (April 2025–2026), drawing players across age groups and categories. The tournament showcased exceptional skill, strategy, and sportsmanship, reinforcing pickleball's growing popularity at the club.

In the Under 14 Boys category, Jaivant Singh Kahma clinched the title in a gripping final against Vansh Sethia, winning 11-6, 7-11, 11-7. The Men's 45+ Singles saw Amit Jain dominate the court with a straight-sets victory over Rahul Mehra, 11-7, 11-0.

In Men's 45+ Doubles, the pairing of Amit Jain and Anurag Sehgal outplayed Gurjeet Sohi and Sandy Khera in a competitive match, finishing 11-9, 11-5. The Mixed Open Doubles category witnessed thrilling rallies, with Neha Agrawal and Manresh Malhotra coming from behind to defeat Manjusha and Rishabh Jain 10-12, 11-4, 11-7.

In Women's Open Singles, Neha Agrawal displayed unmatched consistency and power to defeat Rinku Jain 11-1, 11-6, taking home her second title of the tournament.

With stellar performances across the board, the Pickleball Summer League proved to be an exhilarating celebration of skill, community, and competitive spirit.





























DLF Club Championship 2025

The greens of the DLF Golf and Country Club came alive from March 31st to April 4th, as the third season of the DLF Club Championship unfolded with fierce competition across five categories. Played in the Stroke Play format, each day brought edge-of-the-seat action, precision under pressure and moments of pure sporting brilliance.

In Category E (71 and above Men), golfing veterans showed they have still got game! Drish Paul stamped his class, winning with a Gross 203, while KS Arora clinched the Nett title with an impressive 157.

Category D (61–70 men) was a test of grit and experience, with MP Singh (263 Gross) and Anil Handa (142 Nett) rising above a tightly packed leaderboard.

The Ladies' Category C (41–60) saw a commanding performance by Kavita Yadav, who claimed the Gross trophy with 291 for the third time in a row, while Soomin Choi's powerful swings earned her the Nett title at 161. The men in Category C (41–60) battled neck and neck, but it was Akshay Awasthy who won the Nett at 135 while Karan Tayal won the gross with a score of 237.

In the high-energy Category B (19–40 Men), Karan Chaudhri scorched the field with a 132 Nett, winning comfortably while Raahil Aggarwal emerged victorious in the Gross with a total of 332.

In our youngest Category A (U-18 Men), Vihaan Reddy delivered a composed Gross 314 to edge out Vihaan Jain and secure the crown. Finally, in the show-stopping finale, the Ultimate Champion title — open to all ages — the trophy was claimed by Anuj Sood, who sparkled with a total of gross 312

From seasoned pros to rising stars, this year's Championship was a celebration of passion, perseverance and the unmatched spirit of golf. Here's to a season that will be remembered for years to come!













The Champions' Dinner

The Champions' Dinner was an evening to remember, filled with celebration, recognition, and soulful melodies. The night began with the prestigious DLF Golf Club Championship and DLF Annual Tennis Series prize distribution, where members gathered to honor the outstanding athletes who had excelled in both the golf and tennis tournaments. Applause and cheers filled the room as the champions were recognized for their achievements, adding a sense of pride and accomplishment to the evening. As the night unfolded, the mood shifted to one of tranquility and devotion, with Samarpit and his band bringing the enchanting world of Sufi music to life. The atmosphere in the room grew increasingly vibrant as the soulful Sufi melodies captivated the audience. The music sparked a deep sense of joy and connection, with the ladies gracefully swaying and twirling in harmony with the rhythmic Sufi beats. Truly, the love for Sufi music was evident among the members, as they embraced the melodies with passion and energy. With delicious food, refreshing drinks, and the mystical music blending perfectly, the evening became an unforgettable celebration of joy, connection, and togetherness, leaving all members with cherished memories of a truly exceptional night.



















Bunny Bites

This National Easter Day, the club hosted a magical workshop where creativity and chocolate came together in the most delightful way. With the guidance of our talented in-house bakery chefs, young children transformed chocolate Easter eggs into charming characters. Tiny hands rolled fondant, shaped little eyes, ears, and smiles, bringing each egg to life with imagination and love. The room was filled with laughter. sugary scents, and the warmth of shared joy. Every giggle echoed the excitement of creation, every sprinkle of sugar a touch of wonder. As the session drew to a joyful close, each child held a box with pride, their very own handmade Easter egg character, crafted with care and endless imagination. These tiny chocolate creations, shaped by small hands and full of heart, were more than just treats. They became cherished symbols of creativity, with each child's Easter egg character reflecting their unique spirit and adding a personal touch to their home.











Health and Wellness

In an insightful session with Dr. Aruna Kalra on menopause, members explored its physical and emotional aspects. Thoughtful questions sparked meaningful discussions, helping everyone understand practical ways to manage menopause in daily life. By the end, members truly understood the importance of awareness and felt empowered to embrace this natural transition with confidence.

Our club members have embraced yoga with remarkable dedication, turning each session into a sanctuary of wellness and connection. Their regular participation has fostered not just physical strength and flexibility, but also inner calm and clarity. The atmosphere during sessions is filled with positivity, motivation, and shared energy making yoga not just a practice, but a joyful community experience.

Enhancing their wellness journey, many members explored the deeply therapeutic Snayu Raksha Ayurvedic Therapy at our club spa. This ancient healing treatment, designed to relieve muscle tension, improve circulation, and restore balance, has quickly become a members' favorite. Each session offers a sense of deep relaxation and renewal, leaving members feeling recharged both physically and mentally. The soothing ambiance of the spa, paired with the expert touch of our therapists, has made this experience a true retreat from the daily hustle.











Savouring the Moments

The Pavilion recently transformed into a vibrant celebration of flavor, culture, and community an unforgettable experience that touched the hearts of our members. The journey began with the vibrant Turkish Food Festival, where Chef Gökhan Eser Kesen infused the air with the irresistible aroma of Lam Adana, followed by the delicate sweetness of Turkish Baklava. Members gathered with joy, savoring each bite, sharing stories, and relishing the rich flavors of Turkey. Then, the atmosphere shifted to the soulful warmth of the Himalayas, as your very own Prabina Lama took us on a heartfelt journey through the Himalayas. Her special handmade Momos and Ema Datshi were not just food, they were stories, lovingly crafted and shared, leaving members touched by the warmth of her culture. The adventure didn't stop there sunshine and sparkle set the scene for our Spritzer Fizztival, where Aperol's refreshing cocktails became the perfect companions for golden afternoons amongst our members. As the evening settled, bar takeover by mixologist Pankaj elevated the night his classic Coffee & Cheese Old Fashioned quickly became members favorites. At our club, we believe the most meaningful moments are those shared together around food, laughter, and the joy of discovery. It's our greatest pleasure to create these moments, with heart, for the community we call family.







Chef Gokhan from Lokma Lokma Istanbul







Bar Takeover by Pankaj

Bar Stories...By Pukhraj Bedi

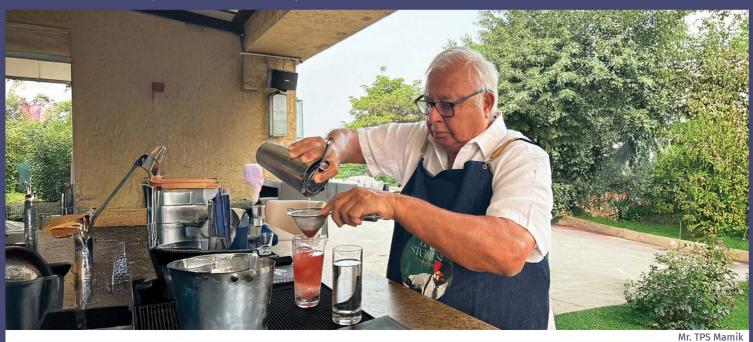


This season, our in-house mixologist Pukhraj Bedi takes you on a journey through the heart of summer with cocktails that celebrate both tradition and innovation. In this edition, he unveils three new creations that are as vibrant as they are unforgettable, each crafted to evoke cherished memories, inspire new ones, and offer a refreshing twist on familiar flavors and experience summer like never before.

Jamun Rass- Inspired by childhood summers, this cocktail mixes jamun pulp, botanical gin, and a dash of chaat masala sweet, tangy, and spicy.

One in a Melon- Fresh watermelon juice, vodka, Sprite, and lime come together for a light, fizzy, and hydrating summer sipper.

Mango Chili Margarita- A tropical twist on the classic mango, chili, tequila, and citrus deliver a sweet-heat balance perfect for warm days.



BMW Night Drives









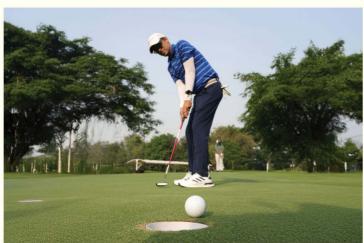




















Throwback to Dubai







The Prokinesia Perspective



The Importance of AquaTherapy for Adults: Feel Better, Move Better

Aquatherapy, also known as water therapy, is a highly effective treatment that uses water to promote healing, relieve pain, and improve movement. It is particularly beneficial for adults experiencing pain, injuries, or mobility issues. By leveraging the natural properties of water, hydrotherapy provides a safe and gentle approach to rehabilitation and exercise.

What Makes Aquatherapy Special?

Water creates a unique environment that supports the body, reducing the impact on joints and muscles. The warmth of the water helps to relax tense muscles, improve circulation, and promote a sense of calm and well-being. This makes aquatherapy an excellent option for individuals who find traditional forms of exercise challenging or painful.

Key Benefits of Aquatherapy

- 1. Pain Relief
- 2. Improved Mobility
- 3. Muscle Strengthening
- 4. Better Balance and Coordination
- 5. Stress Reduction and Mental Well-being

Who Can Benefit from Aquatherapy?

Aquatherapy is beneficial for adults dealing with:

- · Arthritis or joint pain
- Post-surgical recovery (e.g., knee or hip replacement)
- Chronic back pain and muscle stiffness
- Fibromyalgia and other chronic pain conditions
- Sports injuries

How Does Aquatherapy Work?

Aquatherapy sessions typically take place in a warm pool under the guidance of a physiotherapist. The exercises are tailored to each individual's needs, ranging from gentle stretches for stiff joints to water resistance exercises for muscle strengthening. The controlled environment of Aquatherapy allows for gradual progress while minimizing the risk of strain or injury.

Why Choose Aquatherapy?

Aquatherapy is a gentle yet powerful treatment that helps individuals regain movement and reduce pain. It is especially suitable for those who struggle with conventional exercise due to stiffness, pain, or limited mobility. Additionally, it enhances confidence in movement and overall well-being.

Conclusion

Aquatherapy offers a safe, effective, and enjoyable way to improve physical health and well-being. Whether you are recovering from surgery, managing chronic pain, or looking to stay active with minimal joint stress, water therapy can be a valuable addition to your routine.

Dr. Mahima Kansal PT
Team Prokinesia Healthcare

Budding Stars of Tomorrow



Arjun Prasad finished in the Runner-up position at the PGTI - Adani Invitational, held at Jaypee Greens Golf and Spa Resort, from 1st - 4th April



Aarohi Attri secured 1st position in Combined A & B Category at both The Shubhankar Sharma Invitational Golf Tour and the Indian Golf Union (IGU) North Zone Golf Tournament.



Rashi Mishra secured 1st position in Category B-Girls at the IGU Westen India Ladies & Junior Girls Golf Championship 2025, held at the Kalhaar Greens, Ahmedabad, from 15th - 17th April



Vedaansh Jain finished in the Runner-up position in Category E-Boys at the Junior Golf Series First Stage Tour, held at the Black Mountain Golf Club, Hua Hin, Thailand, from 29th - 30th March.



Vedaansh Jain finished in the 4th position in Boys-9-year-old Category with an impressive 11-under-par finish in a strong international field of 21 players at the US Kids Thailand Championship, held at Black Mountain Golf Club, Hua Hin, Thailand from 4th - 6th April



Aahana Shrivastava secured 1st position in Category E- Girls at The Leela Golf Greens Junior Golf Cup 2025, held at The Leela Golf Greens, Gurgaon on 19th April



Vedaansh Jain finished in Runner-up position in Category D-Boys at the NCR Cup - 19th Junior and Amateur Golf Tournament, held at Golden Greens Golf Club, Gurgaon, from 20th - 21st March

Greens to Glory Junior Golf Tournament, held at ITC Classic Golf Course, Gurugram, from 25th – 27th March



Taanush Kumar finished in Runner-up position in Category D-Boys





Vivaan Rai Singh finished in Runner-up position in Category B Aadya Kaushal finished in Runner-up position in Category D -



Rayirth Jain finished in Runner-up position in Category C-Boys



Aahana Shrivastava secured winner position in Category E -Girls

Know Your Team



Steve Johnson: A Journey Through the World's Finest Fairways

Born in Brisbane, Australia, Steve Johnson's journey through the world of golf has been nothing short of extraordinary. From humble beginnings at the Gold Coast's Burleigh Golf Club, where he completed his apprenticeship, Steve's career has spanned continents, championship courses, and some of the most iconic destinations in the sport.

In 1994, Steve took his first leap abroad, joining the team at Shoal Creek in Birmingham, Alabama—an esteemed venue that proudly hosted the 1986 and 1990 USPGA Championships. This formative experience set the tone for a career built on excellence, precision, and

a deep respect for the traditions of the game. His next stop took him across the Atlantic to the legendary Gleneagles Hotel in Scotland. There, Steve participated in the prestigious Gleneagles Excellence in Golf Award program, further honing his expertise in course management and hospitality at one of golf's most revered institutions. Continuing his global journey, Steve contributed to the successful startup of Riffa Golf Club in the Kingdom of Bahrain, embracing the challenge of bringing world-class golf to new regions. His talent for developing courses from the ground up became even more apparent in 2002, when he played a key role in setting up the exclusive Nanea Golf Club on Hawaii's Big Island.

This was followed by another marquee assignment—joining The Green Monkey Course at Sandy Lane Resort in Barbados. A masterpiece of luxury and design, the course reflected Steve's meticulous attention to detail and passion for delivering top-tier golf experiences. After 3.5 successful years in the Caribbean, Steve had brief but impactful tenures at Tazegzout Golf in Morocco and Port Royal Golf Course in Bermuda. At Port Royal, he was part of the action during two PGA Grand Slam of Golf events, which saw the four major championship winners compete in an elite showdown over 36 holes.

In 2008, Steve accepted what would become one of the defining chapters of his career: the construction and establishment of Al Mouj Golf in Oman. Over 14 years, he helped transform Al Mouj into a beacon of excellence in the Middle East, both as a championship venue and a model of environmental stewardship. Under his leadership, the course hosted five Challenge Tour events, three European Tour Oman Opens, and two International Series Oman tournaments. Al Mouj Golf also earned acclaim for its sustainability efforts, gaining certification from both Audubon International and Golf Environment Organization. In 2023, the course was named International Environmental Golf Course of the Year—a crowning achievement and testament to Steve's long-term vision and commitment to responsible golf course development.

Steve Johnson is more than a seasoned golf course professional—he is a global ambassador of the sport, whose journey has touched nearly every corner of the golfing world. Off the course, he is a loving husband and proud father to two sons, embodying the same integrity and dedication in his personal life as he does in his professional endeavours.

Arun Kumar Yadav: India's First Certified Turf Equipment Manager and a Golfing Pioneer

Arun Kumar Yadav has paved an inspiring path in Indian golf, becoming the first Indian Certified Turf Equipment Manager (CTEM) from the prestigious Golf Course Superintendent Association of America (GCSAA). A visionary in his field, Arun has spent over 25 years at DLF Golf and Country Club.

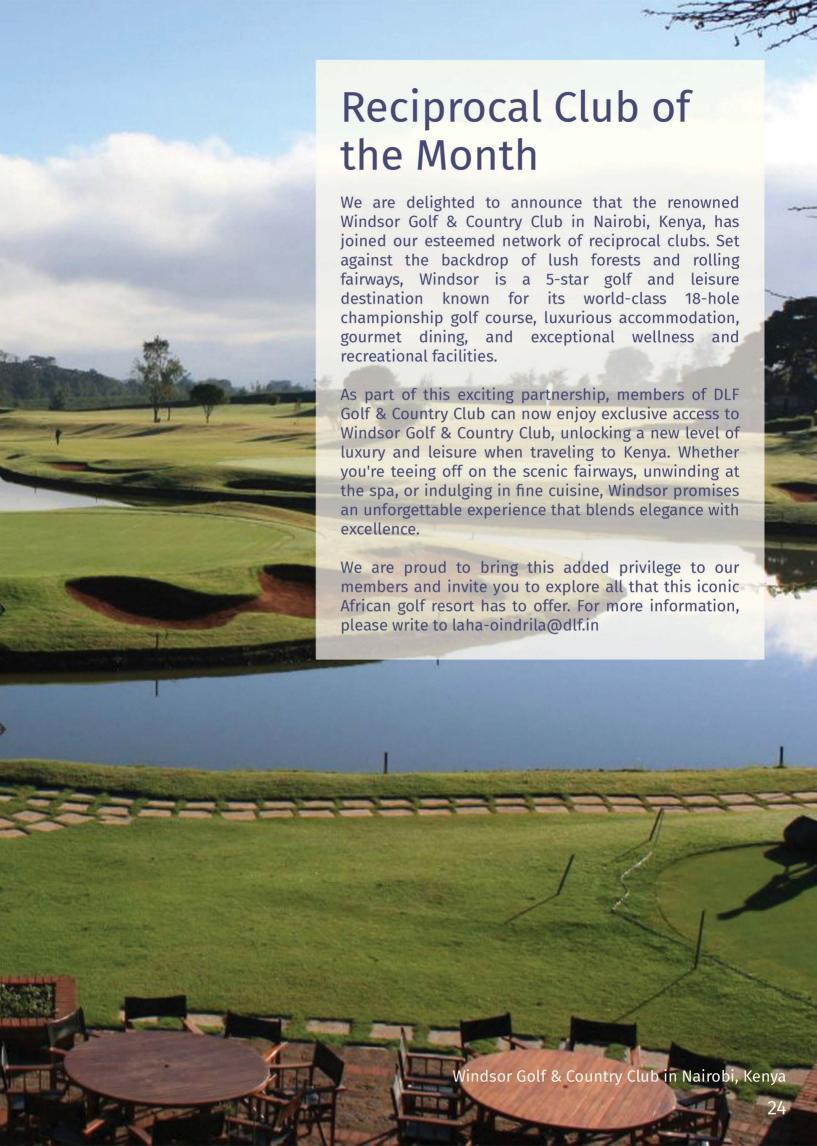
An automobile engineer aimed for a career in the golf industry, Arun started his journey as a workshop Supervisor in 1999, besides having different roles in club's engineering department. In 2014, he took charge as the Workshop Manager for the turf equipment workshop. He achieved the CTEM certification after becoming a GCSAA Member in year 2023. His achievement not only elevated his own career but also brought global recognition to Indian Golf and turf Industry and The DLF Golf and Country Club.



A proud family man from Rewari, Haryana, Arun finds joy in his loving daughter and son. Passionate about high-tech equipment, he thrives on tackling new challenges, mentoring his team, and inspiring the next generation in the golf turf equipment industry. He sees his CTEM as a milestone for himself and a beacon for India's emerging golf industry, saying, "It formally recognizes my skills and opens doors for future generations."







HATHA AND VINYASA YOGA WITH NAMIKA

Every Wednesday Friday & Sunday | Reception Plaza

SHIATSU JAPANESE THERAPY

Everyday | Pavilion Spa

BMW NIGHT DRIVES

Arnold Palmer Course

SHAAM -E -GHAZAL

Every Friday | Pavilion Bar

PAVILION AFTERHOURS

Pavilion Bar

SEASONAL BEVERAGE MENU

7th May Onwards | The Pavilion

CLUB NIGHTS

Starting from 26th May | Pavilion Bar

CRICKET FEVER

Till 25th May | Pavilion Bar

WATER POLO

17th May | Swimming Pool

HAPPY HEARTS WORKSHOP

CELEBRATING WORLD LAUGHTER DAY

4th May | Garden Café

LIGHTS, CAMERA... ACTION

DRIVE IN MOVIE SCREENING

Party Lawn

BAR STORIES BY PUKHRAJ BEDI

10th May | Pavilion Bar

MOTHER'S DAY

THE GOLFERS' WAY

11th May | Arnold Palmer Course

SOUL OF MARWAR

BY MOD SINGH SISODIA

14th - 18th May | The Pavilion

CHOCOCHIP CHAMPS

17th May | Reception Plaza

FORGOTTEN RECIPES OF INDIA

23rd - 25th May | The Pavilion

DLF ANNUAL SQUASH SERIES

24th and 25th May | Squash Courts











