



★★★★★

03/25 COUNTRY GOLFER



Location - Hole No. 06, Gary Player Course



Zorawar Pal Singh at the DLF Golf Club Championship 2025

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MESSAGE



Dear Member,

As another action-packed season concludes at the DLF Golf and Country Club, it truly feels like this year has seen everything. Starting from our very own, DLF Golf League, to the historic LIV International Series to the return of the biggest tournament of the country, Hero Indian Open 2025, we had it all. We even witnessed unparalleled entertainment with artists like Parikrama, Euphoria, Amit Trivedi and the legendary Pritam Chakraborty. Most importantly, this year was a testament to our entire community coming together in celebration like never before. This remarkable year also bolstered our permanent arrival in the international arena of Golf.

We were proud to host the Hero Indian Open 2025, once again. This grand event offered a \$2.25 million prize purse and an elite field of 138 players. In a dramatic final round, Spain's Eugenio Chacarra won at 4-under 284, securing his first European Tour title. It was an emotional victory for Eugenio on the same course as LIV International Series where he finished at the 7th position competing with legends like Bryson DeChambeau and Joaquin Niemann. He started with two-under 70 on both the first and second day. On the last day he chipped in for birdie on the 14th hole which sealed the deal for him.

It gives me immense joy to have been able to organize the first ever DLF Annual Tennis Series. As we crowned the tennis champions of the year, I am delighted to see the sport gaining momentum in the club. My heartfelt congratulations to Shreyansh Khera, Rahul Mehra, Gurjeet Sohi, Manav Mehra and Capt S. C. Bhasin for competing fiercely and becoming the champions in their respective categories. In fact, it has been so engaging that we have planned to expand this concept into a DLF Annual Racquetball Series next year, incorporating quarterly leagues for Pickleball and Squash as well. I am excited to see this new chapter unfold!

Over the years, I have come to realize how much this community treasures time spent at The Pavilion. It is a privilege to enhance your dining experience with unique pop-up food festivals from across the country. This month we hosted Chef Kalyan Gopal Krishna who introduced us to the rich, forgotten Naati flavours of Bangalore. His heirloom non-vegetarian delicacies like Mutton Chops and Gosht Palav won hearts in numbers. This was soon followed by The Sandwich Station at the food truck to present the best of spring to you. The team curated sandwiches ranging from the nostalgic Old Bombay Toasties to tailor-made experiments like Surf and Turf made with crab and ham mille feuille.

March, a month dedicated to women, gave us the opportunity of hosting the highly acclaimed author and the Bollywood actor, Sandhya Mridul. Her beautiful book of poems – Untamed was introduced among our members and she was highly appreciated throughout the audience. She offered a heartfelt glimpse into her struggles, her transformation from a law student to an award-winning actor and ultimately, a poet. Her candid storytelling captivated the audience, making for a truly memorable evening.

The enthusiasm for Hatha and Vinyasa Yoga was inspiring and it was heartening to see our members slowly advancing in the levels of their yoga practice. We even saw a surge in the participation at our fitness boot camp, led by in-house trainers Rajneesh and David, where lots of energetic members pushed their limits. The session ended on a fun note with a musical chair competition, where Ms. Hetal Gupta emerged victorious.

We bid a celebratory farewell to your favourite Mehfil – E – Sufi with Ashutosh because of the changing season. Throughout winters, I was happy you all acclaim the Pavilion Bar as the 'place to be' on every Saturday night, swaying to evergreen Sufi songs. In our endeavor to engage our members on soothing summer evenings, Sham – E – Ghazal continues to thrive on Thursday at the Pavilion Bar with Parth Chakraborty. I hope to see you enjoying yourself at the Pavilion bar soon. We are committed to ensure we keep the vibe going through the seasons to come.

As we move on to summer, one thing is evident that change is the overarching constant in the success of our club. In the last three years, we have grown from strength to strength, understanding what you all enjoy the most at the club. We as a club will continue to work towards keeping it vibrant, buzzing and always staying away from the mundane. Our credo for the year to come is to 'Break the cycle'!!! Inspired from our great organization that has remained relevant for decades, we too will focus on reinventing our offerings from the very foundation ensuring that experiences are not just tailored to exceed your expectations but also remaining authentic whilst doing so. My team and I remain enthused to add a fresh perspective to every sphere of this club, to ensure everything is as exciting as the first time you experienced it. All this only possible because of you, our beloved members and community, and for this we remain ever grateful.



Tusch Daroga

Members' Achievements



Our beloved members Neerja Sawhney, Shubhdeep Pal and Nitin Gupta qualifies to play the Audi India finals in Phuket



Astha Mittal won the best lady golfer at ITC Classic Golf and Country Club. She also won the individual category at the Qutab Queens Ladies Interclub Tournament



Rajeev Mittal won the HSBC Golf League Season 3 at the ITC Classic Golf and Country Club and thereafter, played the finals at Oxford Golf Resort in Pune.

Hole-In-One



Alok Malik Achieved a Hole-In-One on Hole No. 05, Gary Player Course on 2nd March 2025

HERO Indian Open 2025

The Hero Indian Open 2025 returned to the prestigious DLF Golf & Country Club with a total prize purse of USD 2.25 million. Played on the renowned Gary Player Course from March 27-30, the tournament witnessed an elite field of 138 players competing for one of India's most coveted golf titles. The international lineup featured top-ranked players, including defending champion Keita Nakajima, Joost Luiten and Jans Dantorp, while the Indian charge was led by OP Chouhan, Gaganjeet Bhullar, and Veer Ahlawat.

The tournament week teed off with a practice round on March 24, allowing players to test the firm and fast conditions of the course, which was in immaculate condition. The course setup received high praise from the professionals, who commended the lightning-fast greens and the pristine fairways that provided a stern yet fair test of golf.

Adding to the excitement, the highly anticipated Hero Shot competition took place on the evening of March 25, where seven professionals, along with Dr. Pawan Munjal, showcased their prowess in a thrilling contest. This year, Spain's Pablo Larrazabal emerged victorious, outshining our very own Shiv Kapur in the finals to claim the \$10,000 winner's cheque.

The Pro-Am events, held on March 25 and 26, gave amateurs an exclusive opportunity to play alongside some of the world's finest golfers before the main tournament began. The four rounds of championship golf that followed saw some scintillating performances, including a six under par 66 in tough conditions from our defending champion Kieta Nakajima

The final round was a spectacle of high drama, as the leaderboard remained tightly packed. After an up and down day, Eugenio Chacarra from Spain held his nerve over the finishing holes to win the tournament at 4 under par 284 and claim his first ever European Tour title.

The Club extends its heartfelt gratitude to Hero MotoCorp and Dr Pawan Munjal for their unwavering support in bringing this world-class event to our doorstep. We also acknowledge the Indian Golf Union and the DP World Tour for their continued partnership in elevating Indian golf on the global stage. A special thank you to our members and juniors who dedicated their time to volunteering, ensuring the seamless execution of this landmark tournament.





Press Conference



Pro Am Winners with Dr. Pawan Munjal



View of the Greens, 18th Hole, Gary Player Course



Veer Ahlawat at the Hero Shot

DLF Annual Tennis Series Spring League Champions Crowned

The DLF Annual Tennis Series - Spring League concluded with intense competition across categories, showcasing skill, strategy, and sportsmanship.

In the Men's Singles Open, Shreyansh Khera edged out Manav Mehra in a gripping final, winning 6-5 (7-4). The Men's 45+ Singles saw Gurjeet Sohi triumph over Rahul Mehra with a commanding 6-2 victory.

The doubles matches were equally thrilling. Gurjeet Sohi and Manav Mehra secured the Men's Open Doubles title, defeating Deepayan Mohanty and Karan Raj Singh 6-3. In the Men's 45+ Doubles, Sohi partnered with S.C. Bhasin to win a tight 6-5 (7-5) match against Mohanty and Prashant Chaddha.

The tournament wrapped up with camaraderie and celebration, promising another exciting season ahead!



Gurjeet Sohi and Shreyansh Khera



Shreyansh Khera and Manav Mehra





Deepayan Mohanty, Gurjeet Sohi and S. C. Bhasin



Deepayan Mohanty, Karan Raj Singh, Manav Mehra and Gurjeet Sohi



Gurjeet Sohi and Rahul Mehra

Men's open Singles player ranking

Tennis League Top Ranking

Rank	Name	Spring League Points	Total Points	
1	SHREYANSH KHERA	30	110	Winner
2	NIHAAL SOHI	16	62	Runner Up

Men's 45+ Singles player ranking

Tennis League Top Ranking

Rank	Name	Spring League Points	Total Points	
1	RAHUL MEHRA	20	74	Winner
2	S.C. BHASIN	12	56	Runner Up

Men's open doubles player ranking

Tennis League Top Ranking

Rank	Name	Spring League Points	Total Points	
1	RAHUL MEHRA	20	68	Winner
1	S.C. BHASIN	20	68	Winner
2	DEEPAYAN MOHANTY	16	64	Runner Up
2	KARAN RAJ SINGH	16	64	Runner Up

Men's 45+ doubles player ranking

Tennis League Top Ranking

Rank	Name	Spring League Points	Total Points	
1	S.C. BHSIN	20	80	Winner
1	GURJEET SOHI	20	80	Winner
2	VIVEK CHHACHHI	12	56	Runner Up
2	DEEPAYAN MOHANTY	16	56	Runner Up

Peanut Butterlicious Cook Along



On National Peanut Butter Day, the club organized an exciting and flavorful cook-along session that brought kids together for a delightful culinary adventure. As the irresistible aroma of freshly made peanut butter filled the air, the atmosphere was brimming with energy, creativity, and joy. Guided by our skilled bakery chef, little participants wearing chef caps and aprons quickly transformed into budding chefs, crafting their very own classic peanut butter sandwiches. With their tiny hands, they spread each layer of peanut butter, bursting with rich, creamy flavors, making every bite a true delight. Laughter filled the air as they proudly enjoyed their delicious creations. The fun didn't stop there! Next, the young chefs turned to a healthier yet equally delicious option: no-bake peanut butter and oats cookies. With the perfect balance of taste and nutrition, these treats added a new twist to the day's cooking adventure. Giggles filled the air, and there was sweetness in every bite as the kids enjoyed their scrumptious creations. The highlight of the session was the creation of sweet peanut butter truffles. As the kids rolled the truffles and dipped them in chocolate with their small hands, the room filled with the irresistible aroma of this creamy, indulgent treat, bringing the day to a perfect, sweet conclusion. Laughter echoed, new skills were learned, and a deep appreciation for the magic of peanut butter blossomed. As the event wrapped up, everyone left not only with delicious treats but also with sweet memories and a new love for peanut butter in their kitchens. The day was a true celebration of flavors, friendships, and the joy of cooking together. It ended on the sweetest note, with each child proudly holding a box of their creations, knowing they had made something truly special.



Untamed by Sandhya Mridul

The club hosted a memorable and inspiring event on Women's Day with the launch of Untamed book by renowned actor Sandhya Mridul. This special occasion not only celebrated the power and versatility of women but also highlighted how women can excel in various fields, embracing new challenges and opportunities in life. The actor shared her personal journey of self-discovery, exploring themes of breaking societal norms and embracing one's true self. Her book emphasizes the power of change, career shifts, and

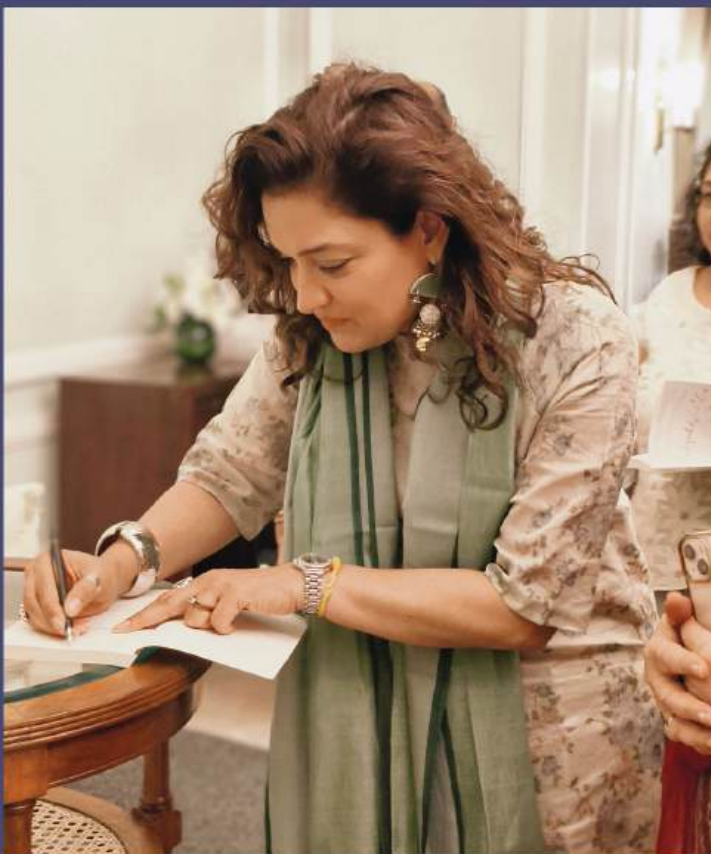
recognizing the limitless potential of women. The launch sparked meaningful conversations, blending candid reflections, motivational insights, and empowering messages. Attendees were deeply engaged, drawing inspiration from Sandhya's experiences and her reminder of the strength women have in today's world. The event concluded with a heartfelt book signing, where attendees connected with Sandhya Mridul and left inspired. As the event came to an end, the atmosphere was filled with a sense of inspiration and empowerment, as everyone left motivated to embrace their true potential and continue supporting one another.



Sandhya Mridul and Shibani Sethi



Sandhya Reading Inspiring Verses from her Book



Author Signing the Books for her Fans



Untamed - By Renowned Actor, Sandhya Mridul

Bar Stories...

By Pukhraj Bedi

The latest edition of Bar Stories was an exquisite evening of mixology mastery, where our inhouse mixologist Pukhraj Bedi reimagined classic cocktails with innovative twists, creating a unique and unforgettable experience for our members.

Paper Plane – A bold reinterpretation using Jägermeister instead of St. Germain, adding a herbal depth.

New York Sour – A sophisticated take on the conventional Whiskey Sour, elevated with a luxurious red wine float.

Olive Cumin Negroni – A savoury delight, blending the richness of Negroni with the earthy notes of cumin and olive brine.

The evening saw an enthusiastic crowd, with our esteemed member Mr. Nitin Kalra and his expat guests relishing every sip. The fusion of flavours and creative craftsmanship made this session truly special. Here's to more evenings filled with exceptional cocktails and spirited conversations!



Savouring the Moments



Mr. And Mrs. Lakhwani dressed in Indian Jerseys



Payal Gupta Celebrating her Anniversary with her Friends at Mehfil-E-Sufi



Chef Kalyan Gopal Krishna from the Heart of Bangalore



Little Indian Supporters Cheering for Team India

Last month, the club's food and beverage specials captivated members by offering a diverse array of fresh and exciting experiences. In celebration of National Espresso Martini Day, the expertly crafted rich espresso martini curated by our mixologist created a perfect blend of flavor and atmosphere, all while enjoying a breathtaking sunset that added to the magic of the evening. The culinary adventure continued with a food truck promotion offering a variety of local and global-inspired sandwiches, giving members a chance to explore exciting new flavors. Chef Kalyan Gopal Krishna's Naati Flavours feast at The Pavilion transformed the restaurant into the vibrant streets of Bangalore, delighting members with authentic street food that received rave reviews. The evenings were equally enchanting, with Mehfil e Sufi bringing soulful melodies that resonated deeply with the audience, followed by The Bar Takeover Night by our mixologist, which perfectly complemented the mood. Shaam e Ghazal added a poetic touch, creating a cozy and intimate atmosphere where members could savor the last of winter in style. The excitement continued as members gathered to watch the ICC Champions Trophy 2025 final in a high-energy screening event with a selection of delicious finger foods to munch on, a perfect combination of great food and thrilling cricket action. The atmosphere was electric as everyone cheered on Team India, and their victory sent waves of joy throughout the room.



Mexican Delight from the Sandwich Station at the Food Truck



Surmayi Fish from The Naati Flavours



Full House at The ICC Champion's Trophy Finals Screening

Madhavrao Scindia Golf Tournament 2025



The 21st Madhavrao Scindia Golf Tournament concluded at DLF Golf & Country Club on March 16, marking another year of competition and philanthropy. Since 2002, this prestigious event has brought together over 100 corporate leaders, with winners earning invitations to the Duke of Edinburgh Charity Golf Cup World Finals in London.

This year, 20-year-old Sneha Singh received the Madhavrao Scindia Foundation Award for the third consecutive time, earning a ₹5 lakh grant. Ranked India's No.1 on the 2023 Hero Women's Pro Golf Tour, she also holds conditional playing rights on the Ladies European Tour 2025 and the LPGA Epson Tour.

The Foundation's legacy of nurturing Indian golf talent continues, with past recipients including Pranavi Urs, Rashid Khan, Chikkarangappa, Diksha Dagar, and Arjun Prasad. The tournament's impact extends beyond competition, raising funds for the education and medical care of underprivileged families in the Gwalior region. In addition, it continues to provide crucial financial support to promising Indian professional golfers, helping them transition to higher levels of the sport.



RESULTS

On-Course Contests – Winners

CATEGORY	WINNER
DLF <i>Straightest Drive</i>	Simran Singh Sachdev
Silver Arrows <i>Closest-to-pin</i>	Abhishek Singh
EY <i>Straightest Drive</i>	Pulak Chakraborty
Vredestein <i>Longest Drive</i>	Rohan Khattar
Indigo <i>Closest-to-pin</i>	Kapil Dev

Madhavrao Scindia Foundation Award

RECIPIENT	Sneha Singh
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Health and Wellness

At DLF Golf and Country club, we are dedicated to fostering the overall well-being of our members by promoting health and wellness through a variety of engaging activities this season. These activities aim to promote both physical fitness and mental relaxation, creating a holistic approach to living a healthier, happier life. Recently, the club hosted an exciting fitness boot camp for members, designed to push physical limits, enhance core strength, improve mobility, and boost immunity. This thrilling event was more than just a workout, it was an opportunity to come together and focus on pushing the boundaries of personal health and fitness. Members supported and motivated each other, creating an inspiring and energetic atmosphere.

In addition, our yoga sessions have become a popular choice for members seeking to improve flexibility, relieve stress, improve posture and promote relaxation. Beyond physical benefits,

yoga has provided members with a peaceful escape from daily stress, promoting mental clarity and relaxation.

In addition to our regular wellness offerings, the Spa Club offered members a unique opportunity to experience Echoes of the Himalayas, a sound healing therapy using Himalayan singing bowls. This ancient practice harnesses the soothing vibrations of the bowls to promote deep relaxation, balance energy, and improve overall well-being. Guided by skilled therapists, each session invited members into a serene, meditative environment where the resonant sounds of the bowls helped clear emotional and physical blockages, reduce stress and enhance relaxation.

With these experiences, we strive to consistently enhance the club as a sanctuary for wellness and relaxation, offering a space where members can nurture both their body and mind.



Anurag Chauhan



Members Enjoying Musical Chair



Ila Chaddah



Sangeeta and Sparshika at Sound Healing

Tee Time Lesson

Over the past few months our golf course has been sporting some pretty heavy rough. Missing the green by just a few inches is making life very difficult. How the ball is going to come out from the rough is anyone's guess. To have some success at this, the first thing you must do is to judge the lie you are faced with and then play the shot accordingly. Here are a few tips to help you to escape from these situations.

Ball sitting down: This is a classic scenario where the ball is nestled deep into the rough. The way to play this is to have a steeper angle of attack than normal. Place the ball a little back in the stance, body weight favouring the lead leg and create a more up and down action with the wrists. This will allow you to get ball first contact and there will be less grass trapped between the club face and the ball. The ball will come out at a lower trajectory so you must allow for more roll.

Ball sitting up: Sometimes you can get lucky and find your ball propped up on the top of the grass. This is a relatively easy lie, however there is a chance that the club passes under and the ball barely moves. To get a feel for playing this shot practice teeing up a ball at driver height and try chipping it with a wedge. There is a good chance you will hit the tee and miss the ball entirely. The way to play this is to grip the club lower and swing at the level of the ball. Do not open the club face too much, infact you may even use a lower lofted club.

Against the grain: Sometimes the grass is growing away from the green. This can be a very tricky shot as the leading edge of the club gets caught and there is no follow through. The ball comes out much shorter than expected as the blow is softened. The way to play this shot is to think of a baby bunker shot. Play the ball with an open club face, make a longer back swing and pass through with acceleration. Loft and speed are your friends here! This shot also work well if you are short sided and need to stop the ball quickly.

Deepinder Singh Kullar
Head Professional
DLF Golf Academy



Play the ball back in the stance when it is sitting down



Hold the club shorter when the ball is sitting up



Maintain an open club face and swing through with speed when playing against the grain

Budding Stars of Tomorrow

Leg 5 of the Hero Women's Professional Golf Tour, held at Classic Golf and Country Club, Gurgaon, held from 5th March – 7th March 2025



Vani Kapoor secured 1st position



Rhea Jha finishes at 2nd position

Leg 6 of the Hero Women's Professional Golf Tour, held at DLF Golf and Country Club from 11th – 13th March 2025



Vani Kapoor finishes as the overall tournament winner making it 3 wins in a row



Anvvi Dahiyya finishes as the overall runner-up and secured the win in the Amateur Category

Sunday Masters



Ankur Nigam won Straightest Drive on 2nd Hole, Arnold Palmer Course



Ritu Chadha won Straightest Drive on 5th Hole, Arnold Palmer Course



Prashant Sagar won Longest Drive on 8th Hole, Gary Player Course



Veer Raj Bhatia won Longest Drive on 7th Hole, Gary Player Course

The Prokinesia Perspective



Dead Butt Syndrome: When Your Glutes Go on Strike

Picture this: You've been sitting at your desk for hours, binge-watching your favourite series or working on that never-ending project. Suddenly, you stand up, and your backside feels... well, dead. Congratulations, you might be experiencing the hilariously named yet surprisingly serious condition known as Dead Butt Syndrome (DBS). Yes, it's a thing, and no, your butt isn't deceased—it's just forgotten how to do its job.

What is Dead Butt Syndrome?

Dead Butt Syndrome, or gluteal amnesia, occurs when your glute muscles — particularly the gluteus medius — decide to take an extended vacation. This happens due to prolonged sitting, lack of movement, or even poor posture. Your glutes are like the overachieving employees of your body, responsible for stabilizing your pelvis, supporting your lower back, and keeping you upright. When they clock out, other muscles like your hamstrings and lower back are forced to pick up the slack, leading to a cascade of issues.

The Ripple Effect: Repercussions of a Lazy Derrière

Ignoring DBS can lead to more than just a numb tush. Weak glutes can cause:

- Lower back pain: Your back muscles overcompensate, leading to strain and discomfort.
- Hip and knee issues: Poor glute activation can throw off your alignment, putting extra stress on these joints.
- Reduced athletic performance: Whether you're a runner or a casual gym-goer, weak glutes can hinder your progress.

- ****Balance problems****: Your glutes play a key role in keeping you steady, so their absence can make you feel wobbly.

In short, a lazy butt can wreak havoc on your entire body. Who knew your backside could be such a drama queen?

The Comeback: Exercises to Revive Your Glutes

The good news? Your glutes are like that friend who always forgives you for forgetting their birthday—they're ready to bounce back with a little TLC. Here are some effective exercises to wake them up:

1. **Glute Bridges**: Lie on your back, bend your knees, and lift your hips while squeezing your glutes. It's like giving your butt a wake-up call.
2. **Donkey Kicks**: Get on all fours and kick one leg back and up. Channel your inner mule and kick that laziness away.
3. **Clamshells**: Lie on your side with your knees bent, then open and close your legs like a clam. Bonus: It's a great excuse to lie down.
4. **Squats**: The classic move that never goes out of style. Just make sure to engage your glutes as you rise.
5. **Lateral Band Walks**: Place a resistance band around your thighs and take side steps. It's like a crab walk but way cooler.

A Final Word:

Dead Butt Syndrome may sound like a joke, but its effects are no laughing matter. The key to prevention and recovery is simple: move more, sit less, and show your glutes some love with targeted exercises. So, the next time you're tempted to spend hours glued to your chair, remember—your butt deserves better. After all, it's got your back. Literally.

Dr. Surya (PT)
Team Prokinesia Healthcare

Masterclass in fitness



Vajrasana / Thunderbolt Pose: A Game-Changer in Modern Fitness

From a contemporary fitness and workout perspective, Vajrasana—also known as the Thunderbolt Pose—offers numerous benefits. Incorporating this simple yet effective posture into a routine can significantly enhance recovery, mobility, and overall performance.

1. Aids in Post-Workout Recovery

- Vajrasana helps cool the body down after a workout by promoting relaxation and stabilizing blood circulation.
- It reduces muscle fatigue and prevents post-workout bloating by aiding digestion.

2. Enhances Core Stability and Posture

- Sitting upright in Vajrasana engages the core muscles, which helps improve posture and spinal alignment.
- This pose counteracts the negative effects of prolonged sitting, such as slouching caused by desk work or excessive phone use.

3. Supports Lower Body Mobility

- Vajrasana enhances ankle and knee joint flexibility, which is crucial for performing squats, lunges, and other lower-body exercises.
- By strengthening connective tissues, it reduces the risk of knee pain and improves joint stability.

4. Beneficial for Strength Training

- This pose strengthens the pelvic region, enhancing lower-body strength and power, which is beneficial for activities like golf, running, and weightlifting.
- It also improves hip mobility, which is essential for generating explosive movements in sports.

5. A Simple Yet Effective Active Recovery Pose

- Vajrasana is ideal for rest days as it promotes recovery while keeping the body engaged.
- When combined with diaphragmatic breathing, it enhances relaxation and mental clarity.

6. A Great Alternative for Meditation and Mind-Muscle Connection

- Instead of sitting on a chair or cross-legged, Vajrasana provides a comfortable posture for breathwork, mindfulness, or visualization techniques before and after workouts.

7. Improves Digestion and Nutrient Absorption

- Many athletes struggle with bloating or indigestion post-workout, and sitting in Vajrasana after meals can support digestion and enhance nutrient absorption for better recovery.

8. Helps in Weight Management

- This pose encourages mindful eating habits and improves digestion, which supports gut health and boosts metabolism.

Incorporating Thunderbolt Pose into a fitness routine—whether as a cool-down exercise, a mobility drill, or a meditative posture—can lead to improved performance, faster recovery, and overall well-being.

Anjali Yadav
Fitness Professional
DLF Golf Academy

A Fond Farewell and A Warm Welcome



Yamini Bhakri

Change is a part of every journey, and today, we embrace one such transition with gratitude and excitement. Our beloved Yamini Bhakri, a pillar of the Human Resources team, is taking the next step in her professional growth within DLF Ltd. After three years of dedicated service, she leaves behind a legacy of warmth, support, and unwavering commitment to the employees of DLF Golf and Country Club. Her contributions have been instrumental in shaping a thriving workplace culture, and we extend our heartfelt

appreciation for everything she has done. We wish Yamini continued success and fulfilment in this new chapter of her career.

As we bid Yamini farewell, we also extend a warm welcome to Shilpi Sharma, who steps into the role with enthusiasm and vast experience. A seasoned hospitality professional with over 20 years of expertise, Shilpi has worked with some of the finest luxury brands, including The Westin Sohna Resort and Spa, The Westin Gurgaon, Leela Mumbai, and Da Milano Leathers Pvt Ltd.

Beyond her professional achievements, Shilpi finds joy in curating intricate Mandala artwork and unwinding with a game of badminton alongside her children, Aarambh and Aagam. She is married to Himanshu, who is a part of Ernst & Young.

We are excited to have Shilpi as part of the DLF Golf and Country Club family and look forward to the positive energy, expertise, and leadership she brings. Here's to a wonderful journey ahead.



Shilpi Sharma



An aerial photograph of the Doha Golf Club in Qatar. The image shows a vast green golf course with several sand traps and water features, including a large circular lake in the foreground. In the background, the city skyline of Doha is visible, featuring several tall skyscrapers. The text is overlaid on a semi-transparent white box in the upper right corner.

Reciprocal Club of the Month

We are delighted to introduce Doha Golf Club, Qatar, as one of our esteemed reciprocal clubs. Designed by Peter Harradine, this stunning 18-hole, 7,374-yard, par 72 championship course is a true oasis in the desert. Featuring eight scenic lakes, 65 giant cacti imported from Arizona, and over 10,000 lush trees and shrubs, it offers a breathtaking contrast to its surroundings.

As one of the first grass golf courses in the Middle East, Doha Golf Club also boasts a 2,808-yard floodlit nine-hole academy course, perfect for evening play. The club's elegant clubhouse features three restaurants and a golf shop, making it an ideal destination for golf enthusiasts.

Members of DLF Golf & Country Club can now enjoy access to this prestigious venue. Whether for business or leisure, we invite you to experience this remarkable course during your travels to Doha! For more information, please write to laha-oindrila@dlf.in.

HATHA AND VINYASA YOGA WITH NAMIKA

Every Wednesday Friday &
Sunday | Reception Plaza

SNAYU RAKSHA AYURVEDIC THERAPY

Everyday | Pavilion Spa

THE CHAMPION'S DINNER

4th April | Party Lawn

WEALTH RENDEZVOUS

SECURE YOUR WEALTH FOR YOUR
FUTURE GENERATIONS WITH ANAND
RATHI WEALTH LTD.

6th April | Reception Plaza

BMW NIGHT DRIVES

Arnold Palmer Course

LOKMA LOKMA ISTANBUL

TURKISH FOOD FESTIVAL

9th – 13th April | The Pavilion

REDEFINING MENOPAUSE

HEALTH, HORMONES & HAPPINESS WITH
DR. ARUNA KALRA

13th April | Reception Plaza

LAMA'S CAFÉ

18th – 20th April | Food Truck

VINO VOYAGE

WINE APPRECIATION EVENING

19th April | The pavilion

BUNNY BITES

EASTER COOKING FUN

20th April | Reception Plaza

SPRITZER FIZZTIVAL

23rd – 30th April | Pavilion Bar

BAR STORIES... BY PUKHRAJ BEDI

27th April | Pavilion Bar

