



09/25 COUNTRY GOLFER



Location: Hole No. 9, Arnold Palmer Course

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MESSAGE



Dear Member,

September brought a surge of excitement to the club with high energy tournaments and engaging events - a clear sign that the season is about to begin!

We started off with our Veterans' Cup and I have to say, the energy from our veterans was absolutely infectious. Two rounds of golf filled with laughter and friendly rivalry that brought the course to life. We were thrilled to bring a new spark to the prizes this year, from international golfcations to chauffeur-driven luxury cars along with lifestyle hampers. The evening drew to a close with music, dinner and dance - to watch our veterans take the floor, moving to the melodies of live music was a joy: it was a celebration as much to do with togetherness as it was about winning.

The DLF Corporate Golf league brought the third season to a spectacular close with Skylark led by Mr. Karan Chaudhari successfully defending its title, even as GMR led by Mr. M.P. Singh put up a fierce fight. Across eight weeks, the league offered engaging competitions, a platform for corporates to share their brand stories with our members and

weekly dinners which were so much fun that the nights ran longer than expected. This year's finale was truly one for the books - a six-course sit-down dinner inspired by Himalayan cuisine curated by the award-winning restaurant 'NAAR'. Hearing your compliments was truly delightful and I can already imagine many of you planning trips to Kasauli soon. We also loved preparing those little jars of Amla Murabba made from the fruit straight off your fairways - a sweet keepsake to take the spirit of the league home with you. I could not be prouder to see over 100 of our team members across departments, from housekeeping and golf operations to engineering and beyond, come together to bring the event to life. At the end of the evening, watching them take their place on the 'Walk of Fame' while our members applauded with genuine surprise and appreciation was an incredibly heartwarming moment - I have a feeling this is the start of a tradition we will all look forward to every year.

On the courts, the Monsoon Tennis league had our players rallying hard and I congratulate this season's winners on their well-deserved victories. Based on the feedback and enthusiasm I heard from our members, we were thrilled to bring Aqua Volleyball back to the club this month. It was indeed a splash of fun, laughter and watery chaos keeping everyone entertained from start to finish. Congratulations to Team Alligator for taking the win.

I must pause to acknowledge the tireless dedication of our Golf Course Maintenance team. The heavy rains this season tested us, yet their relentless work turned every challenge into triumph. Arriving as early as 4 a.m., the team in just two weeks laid over 1.5 lakh Pennisetum plants, 30,000 landscape plants including Rufus Palms, Thevatia, Dynella, Bamboos complemented by strategic fertilising, restoring the course and landscape to its pristine beauty. What they accomplished goes far beyond maintenance; they are the true champions who keep our course spectacular and ready for every season.

Our food and beverage team kept the month vibrant, curating experiences that brought members together. Our very own Indian speciality Chef, Kiran once again wowed everyone with a lavish Navratri Thali featuring a spread of festive specialties. Retro Pours Thursdays at The Pavilion Bar brought

nostalgia alive - seeing all of you sip timeless classics and groove to golden-era tunes was pure fun, with the prices rolling back just as charmingly. Samosa Mania drew everyone in- after all, nothing says monsoon comfort quite like a samosa especially when made in so many creative forms.

As we step into October, the club is alive with anticipation and energy. The Hero India Women's Open is all set to bring back top-class golf to our greens. The DLF Golf league returns with its fourth season in an exciting new Ryder cup format adding fresh twists to the game - Bigger and Bolder! On the social front, our much-loved musical evenings are back to enchant us with Sufi melodies, this time with a playful twist of Tambola, keeping the old club charm alive and the warmth of the evening lingering well into the night. As winter sets in, we are excited to unveil a refreshed outlook for our food and beverage offerings across the club.

We are making it even easier to keep up with all that's happening at our club - simply scan the QR codes, strategically placed around the club to get a quick peek at upcoming events. For a long time, we have explored ways to make communication with our members more seamless. While emails updates continue, this QR system is designed to be simpler as well as accessible. Once opened, you can refresh it natively in your mobile browsers anytime without scanning again.

As winter approaches, we are ready to embrace the season with a calendar full of experiences. I look forward to having you join us in the festivities ahead.

Tusch Daroga

Tusch Daroga

CELEBRATING ONE OF OUR OWN

We are delighted to share yet another milestone achieved by Rajjak Sheikh, a long-standing member of our Golf Club team and a passionate long-distance runner.

At the Gurugram Half Marathon, Rajjak completed the 21 km course in an impressive 1 hour 26 minutes, a timing that reflects his discipline, consistency and remarkable endurance.

Having been part of the club since 2017, Rajjak continues to balance his professional role with his love for fitness, regularly taking on challenging events across the country. His achievements are a source of pride for our community and a true inspiration to all.



HOLE IN ONE



Mr. Changwood Park
Hole No. 16, Gary Player Course



Mr. Rajan Kapoor
Hole No. 16, Gary Player Course



Mr. Mohit Talwar
Hole No. 5, Gary Player Course



Mr. Vivaan Baig
Hole No. 8, Arnold Palmer Course

MEMBER ACHIEVEMENTS

One crisp December morning, four golfing friends shared a light-hearted moment that would soon spark something special. Rajeev, Dhruv, Deepak and Aashish, budding golfers with a love for the game jokingly called themselves Bogey Buddies. What began as a jest soon grew into a group of friends rooted in fun, fellowship and a shared passion for golf.

Their first step was the **“Bogey Buddy Playoff”** - a unique fun tournament that blended competition with inclusivity. The event quickly became known for its lively energy, custom gear and the buzz spread quickly within & beyond the club sparking chatter in the golfing fraternity across NCR.

Building on this momentum, Bogey Buddies only naturally joined the prestigious DLF Golf League with similar minded & spirited 15-member squad who are far more than just a group of golfers; its a platform where friendship and shared memories take centre stage. From a casual joke among friends to now a movement that inspires and connects all, Bogey Buddies reminds us of the joy and camaraderie that golf brings.



Mysha Kochar, 10 year old is making her mark at a very young age. She was the winner of Asia School Junior World School Debate Championship, Intertext, Kuala Lumpur. She also got the Best Speaker award in the tournament overall and also the best in the final round. It was a 2 day intense tournament with students participating from all over Asia. Apart from debating, Mysha loves to read and is also a western vocals specialist getting inspired from Taylor Swift.

Wishing her many more laurels.

MEMBER ACHIEVEMENTS



Our very own member **Dr. Shveta Mishra** participated in the prestigious Mrs. India Asia 2025. After a rigorous audition process across Asia, 90 finalists earned their place in this highly competitive event.

Participants underwent grooming sessions, cultural showcases and multi-round evaluations to display confidence, intellect and personality.

At the dazzling Grand Finale Dr. Shveta Mishra was honoured as 1st Runner-Up in the Elegant Category - a segment celebrating refinement, maturity and poise.

Congratulations to Dr. Shveta Mishra!



It was a proud moment as two of our DLF Golf and Country Club golfers triumphed at the Porsche Golf Cup India National Finals held in Hua Hin, Thailand.

Marking its debut edition in India, the tournament followed six exciting regional rounds and brought together finalists to compete across handicap categories for both Porsche Owners and Enthusiasts.

- Handicap 0-8: **Lakshya Mudgil**
- Handicap 17+: **Rohit Chadha**

Congratulations to Mr. Lakshya Mudgil and Mr. Rohit Chadha!

MEMBER ACHIEVEMENTS



Once again, our very own **Ranveer Singh Saini** has made us proud by winning two Gold Medals at the Special Olympics Golf National Championship 2025.

He secured the Level 1 – Division 1 Gold Medal and in Levels 2 & 3, clinched another Gold alongside his unified partner - Mr. Deepinder Kullar.

Ranveer continues his remarkable journey as the defending National Champion taking his overall medal tally to an impressive 13. His dedication and consistency are a true inspiration for the entire club community.



Our very own **Alysha Dutt** showcased exceptional skill and composure at the IGU National Tournament held last week at Coimbatore Golf Club.

She emerged winner in Category A and was also runner-up in the combined Category A+B, a remarkable achievement reflecting her dedication and talent. The club extends its heartfelt congratulations to Alysha!

VETERAN'S CUP

Marking another memorable chapter, the Veteran's Cup 2025 united our seasoned golfers above 60 years in a display of friendship and competition. Played at the Arnold Palmer Course, the tournament was contested in the Stableford format over 9 holes with a $\frac{3}{4}$ handicap allowance. With the second round rained out, it only added to the anticipation and excitement for the remaining play.

This year's tournament was larger than life ensuring that every achievement was celebrated in style. The honours for our winners went far beyond trophies

with international staycation at JA Lake View Hotel, lifestyle hampers and chauffeur-driven Toyota Vellfire creating an experience as memorable as the tournament itself.

With good food and vibrant live music, it was truly heartwarming to see our veterans celebrate each other's achievements and dance with joy to retro classics. It once again stood as a true testament to sporting spirit, friendly competition and cherished memories reminding us that passion for golf only grows stronger with time.



Dr. Malkit Law, Anita Khanna, Uma Singh, Roopa Saluja



Reet Mohinder Singh Ahluwalia



Pramil Jindal, Brig. Virendra Kumar, Shobhan Roy



Sameer Goel, B.P. Singh, Yoshio Kamihara, Amitabh Gupta

Ladies



Anita Khanna | Winner (27 pts)

Roopa Saluja | Runner-Up (15 pts)
& Closest to Pin (59' 4")Gentlemen
60 to 74 Years

H.S. Chadha | Winner (40 pts)



Aseem Vivek | Runner-Up (40 pts)

Men
75 & Above

Col. Surjit Singh | Winner (36 pts)



Brig. M.S. Rana | Runner-Up (32 pts)

Overall

Amitabh Gupta
Straightest Drive On the Line (Overall)Maj. Gen. Ajay Wadhwa
Longest Drive - Gentlemen (220 yds)

MATCH PLAY

THRILLS CONTINUE!

The much-anticipated Match Play tournament has reached an exciting milestone, with champions emerging in two categories. In the Team Matchplay, Armaan Anand and Rishabh Periwal clinched the top honors, while Hyunsue Seok triumphed in the Ladies Matchplay. Congratulations to all the winners for their stellar performances!

As the tournament progresses, both the Men's Singles and Mixed categories are heating up. In the Men's Singles, the conclusion of the 4th round has left just four players, each vying for a coveted spot in the quarterfinals scheduled for mid-October. Meanwhile, the Mixed category is gearing up for an exciting final promising more thrilling shots and intense competition on the greens.



Runners-up - Aman Sawhney and Ashish Bhushan
Winner - Armaan Anand and Rishabh Periwal



Winner - Hyunsue Seok and
Runner-up - Namrata Dhir



Atul Vashisth and
Sidhant Kalra



Amit Dahiya and
Akshay Awasthi



Mayur Rastogi and
Shivansh Saurabh



M.P. Singh, Karan Dhir,
Namrata Dhir, Kavita Yadav



Satya Yadav and
Harbir Dhingra



Moonsik Nam, Huijae Ryu,
Sonia Gupta, Manav Gupta

DLF CORPORATE GOLF LEAGUE

SEASON 3

The third season of The DLF Corporate Golf League, which teed off in July came to a memorable close with a gripping finale. The league blended networking, fun and fierce competition seamlessly with ten delightful dinners hosted in honour of the participating teams - each evening celebrating the corporates, the spirited golfers representing them and their guests.

Celebrations continued into the evening with a spectacular finale dinner curated by NAAR, the celebrated Himalayan cuisine restaurant from Kasauli. Guests enjoyed a six-course journey of mountain-inspired flavours from the inventive Smoked Trout Dirty Toast to the soulful Kashmiri Lamb Yakhni. Every dish told a story of mountains, forests, rivers and people. In keeping with tradition, a total of 118 team members from every department of the club came together pouring their hearts into every detail and ensuring flawless service throughout the evening.

At the end of the night, guests took home heartfelt keepsakes - jars of Amla Murabba, crafted from the amlas grown right on your very own golf course.

Season 3 reaffirmed the league's reputation as a unique platform blending golf, corporate excellence and community leaving participants looking forward to an even bigger Season 4.



SCOREBOARD

| | | |
|------------------|---------------------------|------------|
| WINNER | SKYLARK | 114 |
| RUNNER-UP | GMR | 97 |
| THIRD | KOENIG SOLUTIONS | 94 |
| FOURTH | THOMAS COOK SOTC | 93 |

LEXUS CLOSEST TO THE PIN - HOLE NO.3

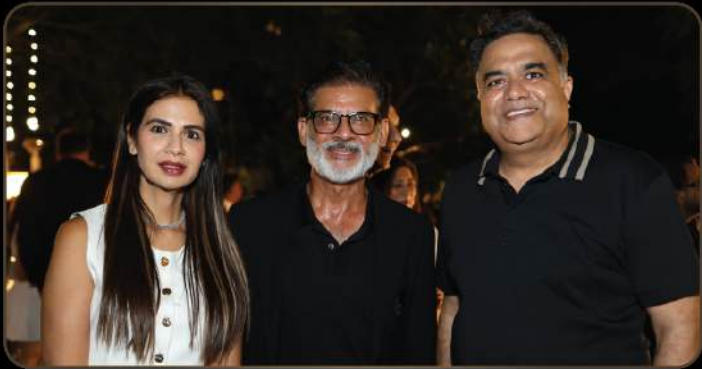
WINNER - KARAN DEV TAYAL

| MOST VALUABLE PLAYER | POINTS | ROUNDS | AVERAGE |
|-----------------------------|---------------|---------------|----------------|
| JOGENDER SEHRAWAT | 83 | 4 | 20.75 |
| ANISH SHARMA | 82 | 4 | 20.50 |

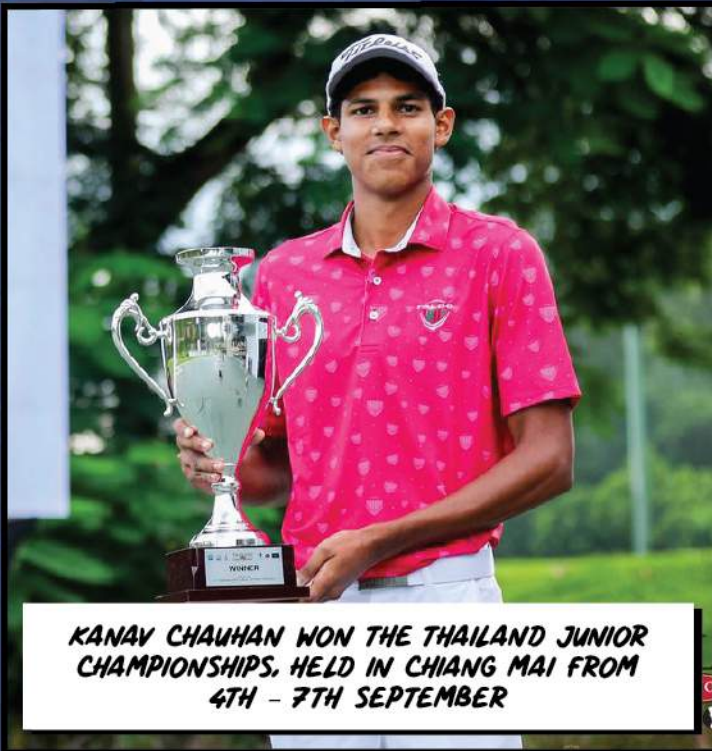
GALA DINNER

DLF CORPORATE GOLF LEAGUE





BUDDING STARS OF TOMORROW

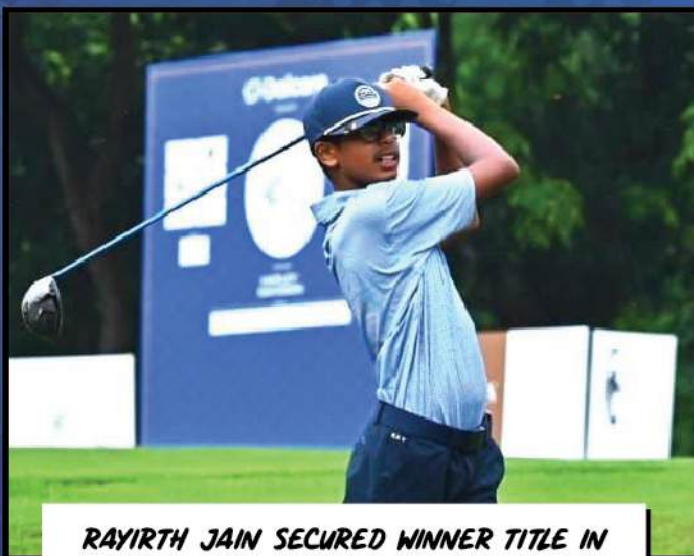


KANAV CHAUHAN WON THE THAILAND JUNIOR CHAMPIONSHIPS, HELD IN CHIANG MAI FROM 4TH - 7TH SEPTEMBER



LAVANYA GUPTA FINISHED IN RUNNER-UP POSITION AND WON THE LOW AMATEUR TITLE AT LEG 11 OF THE HERO WOMEN'S PROFESSIONAL GOLF TOUR, HELD AT PRESTIGE GOLFSHIRE, BANGALORE, FROM 20TH - 22ND AUGUST

THE US KIDS NEW DELHI FALL 2025 LOCAL TOUR, HELD AT ITC CLASSIC GOLF & COUNTRY CLUB, GURUGRAM ON 3RD & 4TH SEPTEMBER

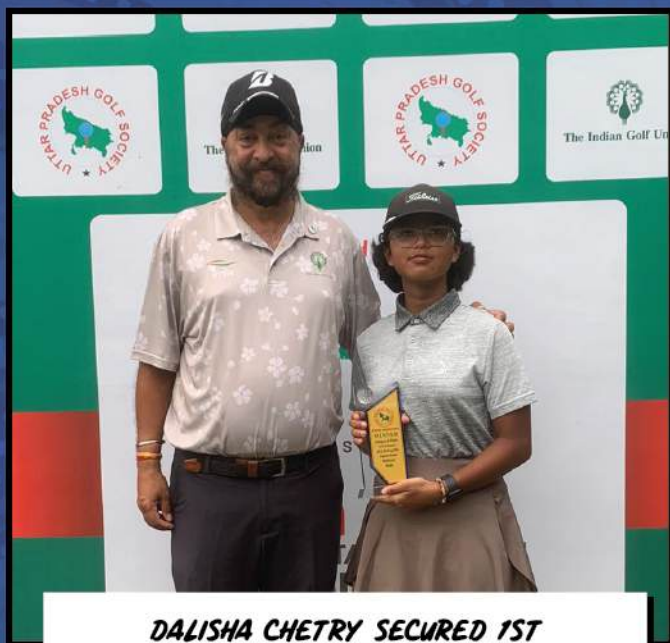


RAYIRTH JAIN SECURED WINNER TITLE IN CATEGORY C BOYS



JENAYA BAMNYAL FINISHED IN RUNNER-UP POSITION IN CATEGORY D

4TH UTTAR PRADESH OPEN, HELD AT JAYPEE GREENS WISHTOWN, NOIDA, FROM 20TH - 22ND AUGUST



DALISHA CHETRY SECURED 1ST POSITION IN CATEGORY B



TAANUSH KUMAR SECURED 1ST POSITION IN CATEGORY D



APEKSHA DAVID FINISHED IN RUNNER-UP POSITION IN CATEGORY A

POSTCARD PAINTING

On Teacher's Day, our members came together for a creative Postcard Painting Workshop. Plenty of colourful imagination filled our creative hotspot – Reception Plaza. It became a heartfelt way to say “thank you” without words - each postcard carrying not just colours, but love and respect for the guiding lights in our lives.

The workshop closed with heartfelt postcards for teachers and in a special case, one lovingly painted for a mother - because gratitude always finds its way.



SAMOSA MANIA

With the festive season around the corner, the Reception Plaza turned into lively space as members gathered for a Samosa Making Workshop. From kneading soft dough to preparing fragrant fillings, every step was hands-on.

Members tried their skills at giving shape to samosas - whether the classic triangles, playful pinwheels or even delicate floral folds. And to add the final tadka, participants packed their creations, eager to share the crispy goodness with their loved ones.

Simple, heartwarming, and festive!



AQUA VOLLEYBALL

On popular demand from our members, Aqua Volleyball was back this month and making a splash in the pool were two energetic teams - Team Anaconda and Team Alligator. With players bouncing between jumps and splashes to keep the rallies going, it was equal parts sport and comedy.

Competing in a best of three format, the scoreboard was tied 1-1 setting up a nail-biting decider. With every leap out of the water, both the teams kept the game as entertaining as it was competitive. Team Alligator's big jumps gave them the push they needed to grab the final set in style. Our biggest takeaway? Laughter, water fights and a game that felt more like a pool party!

With this, we wrapped up the last water sport of the season - see you back in the pool next summer!



ANNUAL TENNIS SERIES

The DLF Annual Tennis Series – Monsoon League was full of exciting matches with our members giving it their all on court.

In the Men's 45+ Singles, Gurjeet Sohi showcased his consistency and skill, taking home the title with a strong performance. He followed it up in the Men's 45+ Doubles, where he partnered with Capt. S.C. Bhasin to outlast Rahul Mehra and Vivek Chhachhi.

The Men's Open Singles saw a gripping battle with Shreyansh Khera overcoming Gurjeet Sohi in a dramatic finish. In the Men's Open Doubles, Nihaal Sohi and Manav Mehra combined strong teamwork and composure under pressure to clinch victory.

Adding to the excitement, the Mixed Doubles drew a big turnout from the ladies with Ruchika Sharma and Gurjeet Sohi prevailing over Devyani Joshi and Rahul Mehra in a lively final.

The monsoon edition wrapped up on a high note, with players and supporters celebrating yet another successful chapter of the Series - setting the stage for more thrilling tennis in the months ahead.



Gurjeet Sohi and
Ruchika Sharma



Nihaal Sohi and
Manav Mehra



Rahul Mehra and
Devyani Joshi



Capt. S.C. Bhasin and
Gurjeet Sohi



Shreyansh Khera

Monsoon

Summer

Men's Open Singles

Runner up
Gurjeet Sohi
Winner
Shreyansh Khera

Runner up
Gurjeet Sohi
Winner
Shreyansh Khera

Men's Open Doubles

Runner up
Gurjeet Sohi / Shreyansh Khera
Winner
Nihaal Sohi / Manav Mehra

Runner up
Gurjeet Sohi / Shreyansh Khera
Winner
Vishal Verma / Dhruv Verma

Men's 45+ Singles

Runner up
Vishal Verma
Winner
Gurjeet Sohi

Runner up
Gurjeet Sohi / Sandy Khera
Winner
Amit Jain / Anurag Sehgal

Men's 45 + Doubles

Runner up
Rahul Mehra / Vivek Chhachhi
Winner
Gurjeet Sohi / Capt. S.C. Bhasin

Runner up
Deepayan Mohanty/Vishal Verma
Winner
Gurjeet Sohi / Capt. S.C. Bhasin

Mixed Open Doubles

Runner up
Devyani Joshi / Rahul Mehra
Winner
Ruchika Sharma/ Gurjeet Sohi

THE SOCIAL SPREAD

This month, our Food and Beverage experiences brought members together over delightful and memorable offerings.

The celebrations began on a sweet note with International Chocolate Day at The Pavilion. A decadent chocolate fountain stole the spotlight inviting members to dip an irresistible spread of treats from fresh fruits and marshmallows to doughnuts, brownies and even savoury bites like cheese straws creating a truly indulgent experience.

Evenings were equally spirited with our Barrel Aged Negroni pop-up. Members savoured the rich and complex flavours of this classic cocktail perfectly balanced by the subtle notes imparted from barrel aging.

Retro Thursdays at The Pavilion Bar were a hit, with members toasting to the golden era and enjoying timeless classics at special retro prices.

Adding to the culinary journey, Chef Kiran curated a special Navratri Thali like every year. Each dish was thoughtfully prepared to highlight traditional ingredients and spices such as Kacchee Kele ki Tikki, Samak Ghee Jeera Chawal, Buckwheat Flour Breads and the staple Sabudana Papad offering members a wholesome and festive dining experience.



International Chocolate Day Highlights



DLF GOLF ACADEMY

Highlights from the Ladies' Camp (18th Aug – 5th Sept): An exclusive fitness session, Golf Course Tour, a delightful champagne breakfast and much more



Family Day Highlights – Fun Putting Competition for Non-Golfers and an Exciting Closest-to-the-Flag Challenge at DLF Golf Academy on 20th September



TaylorMade Qi35 Demo Day at DLF Golf Academy on 20th & 21st September



Honma TW767 Experience Day at DLF Golf Academy on 6th & 7th September, featuring club fitting, TrackMan analysis, contests and exciting prizes



PROKINESIA PERSPECTIVE

Core Strength: The Hidden Power Behind Your Golf Swing

When most golfers want to improve, they think about fixing their grip, buying new clubs, or tweaking their swing. But here's the truth, none of that works well if your core is not strong enough to support it.

Your core isn't just "six-pack abs." It's the muscles in your stomach, back, hips and pelvis that keep you balanced, stable and powerful. In golf, it is like the gearbox in a car, when it is strong, energy flows perfectly from your legs to your arms and into the shot.



Why the Core Matters in Golf

A golf swing is a chain reaction: legs drive, hips rotate, core powers the upper body. A strong core means more distance, better balance and less strain on your back. A weak core means overusing your arms, losing power and risking injury.

If your core is weak:

- You will overuse your arms or back
- Your shots lose power and direction
- You will start feeling those little aches that turn into injuries

Simple Core Exercises

1. Plank with Shoulder Tap
2. Glute Bridge
3. Dead Bug
4. Standing woodchop

Your core is the engine of your swing. Train it for just 10 minutes a day and you will hit farther, stay in control and finish your round with more energy. The next time you see a pro crush a drive, remember the real power comes from the middle.

Visit Prokinesia Healthcare, Old Clubhouse Basement for your golf assessment and start unlocking your best game.

RECIPROCAL CLUB OF THE MONTH

This month we feature Tanah Merah Country Club, one of Singapore's most prestigious clubs with two championship 18-hole courses - the Garden and the Tampines. Known for their immaculate fairways and world-class design, the courses have hosted international tournaments such as the Singapore Open and HSBC Women's Champions. Along with golf, the club offers excellent dining, fitness and recreation facilities, making it a standout reciprocal partner for our members.



TANAH MERAH COUNTRY CLUB, SINGAPORE

OCTOBER 2025

EVENT CALENDAR

TUINA THERAPY

Traditional Chinese Massage to Improve Blood Circulation

Everyday | Pavilion Spa

RETRO POURS

Every Wednesday | Pavilion Bar

MATCH PLAY

23rd July - 31st October | Gary Player Course

BREW AFFAIRS

Celebrate International Coffee Day - Your Espresso Shot's on Us

1st October | The Pavilion

DIWALI DAZZLE

Craft Your Own Toran This Festive Season

4th October | Reception Plaza

BAR TAKEOVER

4th October | Pavilion Bar

HERO WOMEN'S INDIAN OPEN

6th - 12th October | Gary Player Course

FITNESS BOOT CAMP

Discover your Limitless Potential

11th October | Garden Café

BURGER BLAZE

A Sizzling Burger Pop-up

17th - 19th October | The Pavilion

SUFI TAAL-E-TAMBOLA

Sufi Tunes & Tambola Fun – An Evening to Remember

24th October | Garden Café

PICKLEBALL TOURNAMENT

Winter Series

25th & 26th October | Pickleball Court

BAR TAKEOVER

31st October | Pavilion Bar

